

# **BALTIC**

## **What to expect from BALTIC's Art in Action Trail**

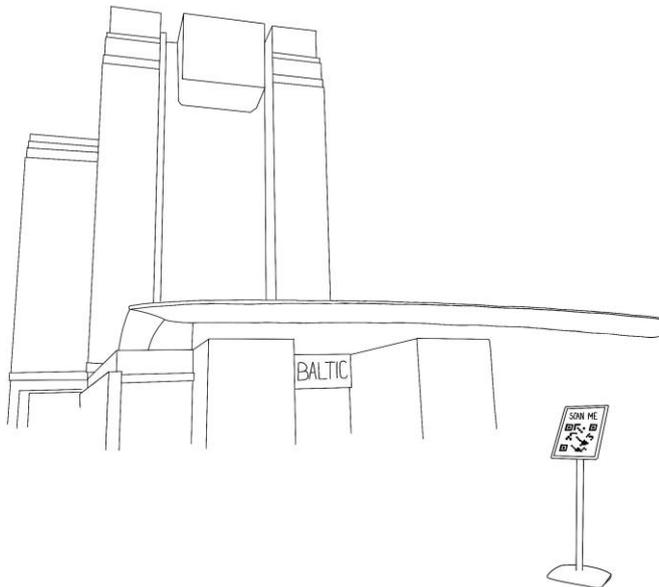
Summer 2021

BALTIC's Art in Action Trail is an **outdoor trail** route that begins at BALTIC Gateshead.

A free **map with the route marked on** can be collected from BALTIC Gateshead.

The route will take you from **BALTIC Gateshead to Dunston Staiths**.

This is a drawing of BALTIC Gateshead:



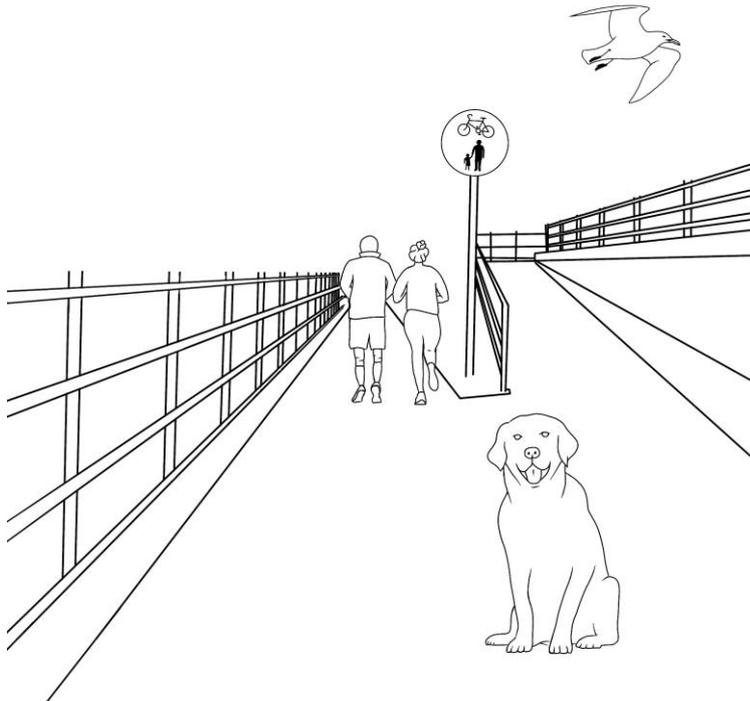
The trail takes **approximately 40 minutes** (about 2 miles) to walk.

There will be extra time needed to take part in activities.

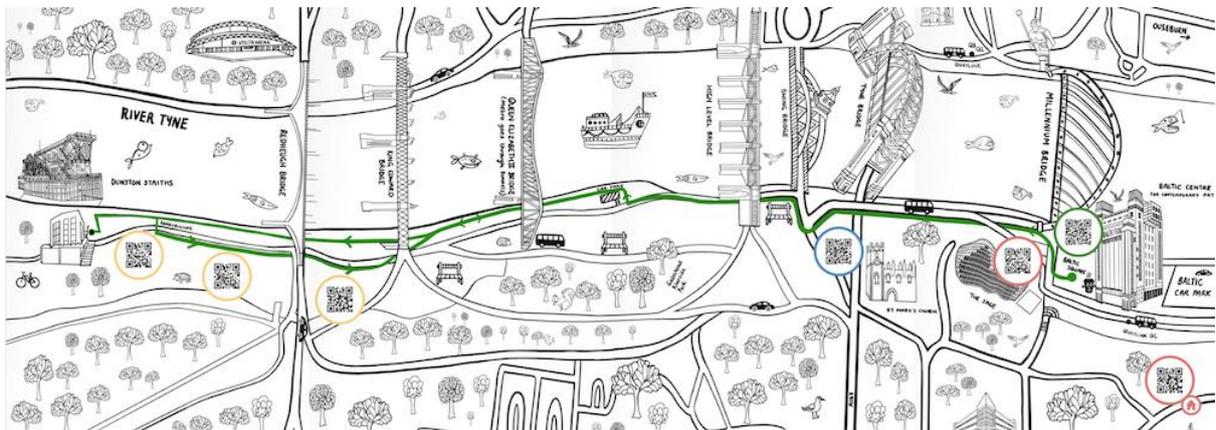
The trail route is a public footpath and cycle route which will be used by other people. **You may see other people walking, running or cycling.**

You may also see animals on the route, such as **dogs and birds**.

This is a drawing of the things you might see on the route:



The **trail map** will look like this:



The **green line** on the map marks the route for you to follow.

The route follows the **River Tyne**.

**The route may be noisy.** You might hear birds, construction, cars and trains.

The map includes activities for you to take part in. The activities are marked with a QR code.

The **QR codes** are placed in colourful circles. This is what they look like:



You will need a **mobile phone** to use the QR codes.

When you scan the QR code, you will see a video. You will watch and listen to the video on your mobile phone screen.

You might want to bring headphones to listen to the videos.

You can **watch and download** all of the videos **before you go on the trail**.

You can do this from a computer by visiting **[www.baltic.art/trail](http://www.baltic.art/trail)**

There is **free wifi at BALTIC** which you are welcome to use to do this.

When you reach Dunston Staiths you can **return to BALTIC or return home**.

### **Visiting BALTIC**

BALTIC is open **Wednesday to Sunday, from 10.30am until 6pm**.

**BALTIC is free to visit.**

You can book a free visit in advance. You can do this online by visiting **[www.baltic.art/tickets](http://www.baltic.art/tickets)** using your computer, mobile phone or tablet.

You can also **call us on 0191 261 3830** and we will book tickets for you.

Visits on the day are very welcome. Short waits may apply at busier times.

You can read a separate guide of [what to expect when visiting BALTIC here](#).

## The Route

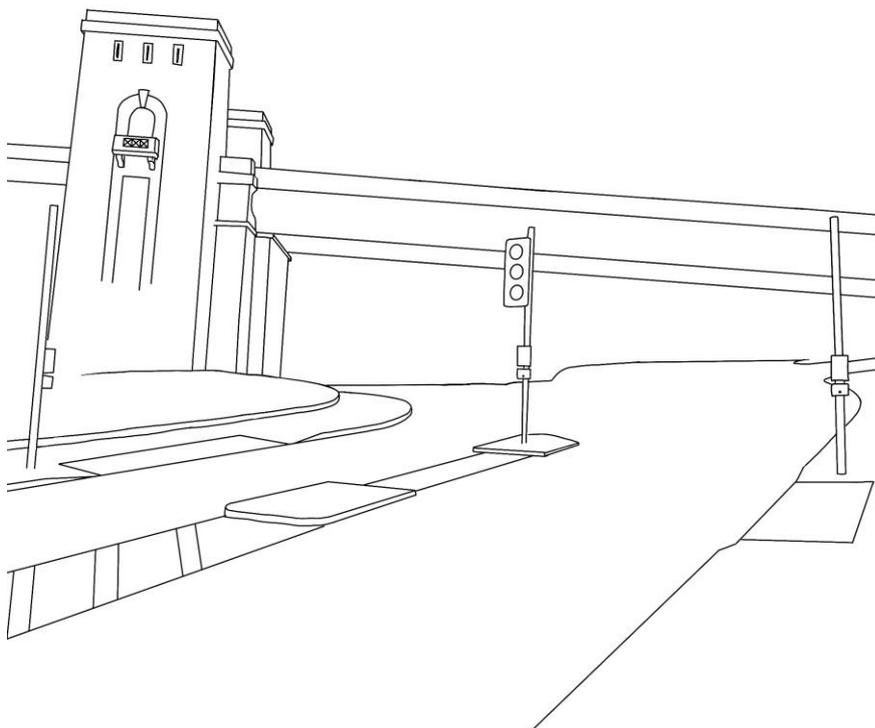
1. From Baltic Square, with your back to the river, go up the steps or ramp that lead towards the road.
2. After 30 metres, there is a small car park on the opposite side of the road. When you are level with the far end of the car park, cross to the other side of the road.
3. Continue along this pavement, ignoring a path off to your left.
4. At the pedestrian crossing, cross over to the other side of the road.
5. After a few metres, you will see a tourist information board about Hadrian's Wall, and the Roman Bridge that once stood on the site of the swing bridge.
6. You will immediately come to another pedestrian crossing. Cross over here to reach the far side of the T-Junction. Follow the pavement downhill slightly.
7. Follow this pavement for another 50 metres. You will see a building site on the other side of the road, by the river. Cross over to the pavement by the building site.
8. If there are cars parked along the pavement, making it hard to continue, carefully walk round the vans until you can re-join the pavement.
9. After about 70 metres, you will come to a carpark. Turn right towards the river. You will come to a bench with 'Gateshead' carved into it. It is ok for you to use the bench.
10. Follow the path along the side of the carpark, with the river on your right-hand side.
11. The path goes under the King Edward Bridge. Ignore the path that leads off to the left.
12. Please be aware that cyclists also use this path.
13. Shortly after the bridge, there is another path leading off to the left. Ignore this and continue along the riverside path.

14. After about 100metres, you will come to a bench with a drawing of a fish carved into it. It is ok to rest here.
15. After a further 20 metres, the path goes under the Redheugh Bridge. Ignore the path that leads off to the left.
16. After another 100 metres, there is a bench with 'Riverside' carved into it. It is ok to rest here.
17. After a further 100 metres, there is a path leading off to the left. Ignore this path and continue along the riverside path.
18. After 150 metres there is a sign with information about the riverside park, its history, nature to look out for , and details of the public sculpture trail.
19. Continue along the path until you see the Staithes structure. There is an information board near the railings by the riverside, which provides information about this historic monument.
20. On your left, there are steps up to Staithes café. There is also a ramp further along.

### **Returning to BALTIC**

21. Start walking along the riverside path
22. After 150 metres, there is a sign with information about the riverside park -its history, nature to look out for, and details of the public sculpture trail.
23. Just after this sign, there is a fork off to the right. Ignore this one and stay on the riverside path.
24. You might notice big blue signs along the path, containing an image of a person and bicycle. This is to remind you that cyclists also use the path.
25. After another 100 metres, there is a bench engraved with the word 'riverside'. It is ok to have a rest on this bench.
26. After the next 100 metres, the path runs under the Redheugh bridge. There's a footpath forking off to the right. Ignore this one and continue on the riverside path.
27. After a further 20 metres there is another bench with a drawing of a fish engraved into it. It is ok to take a rest here.

28. After the next 100 metres there is another fork off to your right. Again, ignore this one and continue on the riverside path.
29. The path then runs under the King Edward bridge. Ignore the fork off to your right and continue along the riverside path.
30. The path eventually runs alongside a carpark. In the corner is another bench with 'Gateshead' engraved into it. It is ok to take a rest here.
31. The path then turns right to meet the roadside, where cars and buses will be driving past. Turn left and stay on the pavement.
32. In the next 70 metres, the pavement alongside the building site can become obstructed by vans. Carefully walk around the vans along the road if it is safe to do so.
33. When the pavement runs out next to the building site, cross over to the pavement on the other side and continue.
34. After another 50 metres you will come to a T- junction, and there is a slight hill. Follow the road for 10 metres, then use the pedestrian crossing to cross over the road which will lead down to the riverside again.



35. Once you have crossed over there is a tourist information board about Hadrian's Wall and the Roman Bridge which used to be on the site of the swing bridge.
36. After a few metres, you will see another pedestrian crossing. Go across this crossing, taking you to the pavement on the right side of the road.
37. Stay on this pavement, and ignore the right fork which leads up hill.
38. Just before you come to a carpark on the right, cross over the road and continue along the pavement on the other side.
39. After 30 metres, take either the steps or ramp which lead downwards into Baltic Square. You will see the Baltic Centre on your right.

This guide has been produced in collaboration with BxNU Master of Fine Art students Ro Prince and Celia Burbush, with illustrations by Ro Prince.

The Art in Action Trail map has been illustrated by Sofia Barton.