

BRIEF OPPORTUNITY

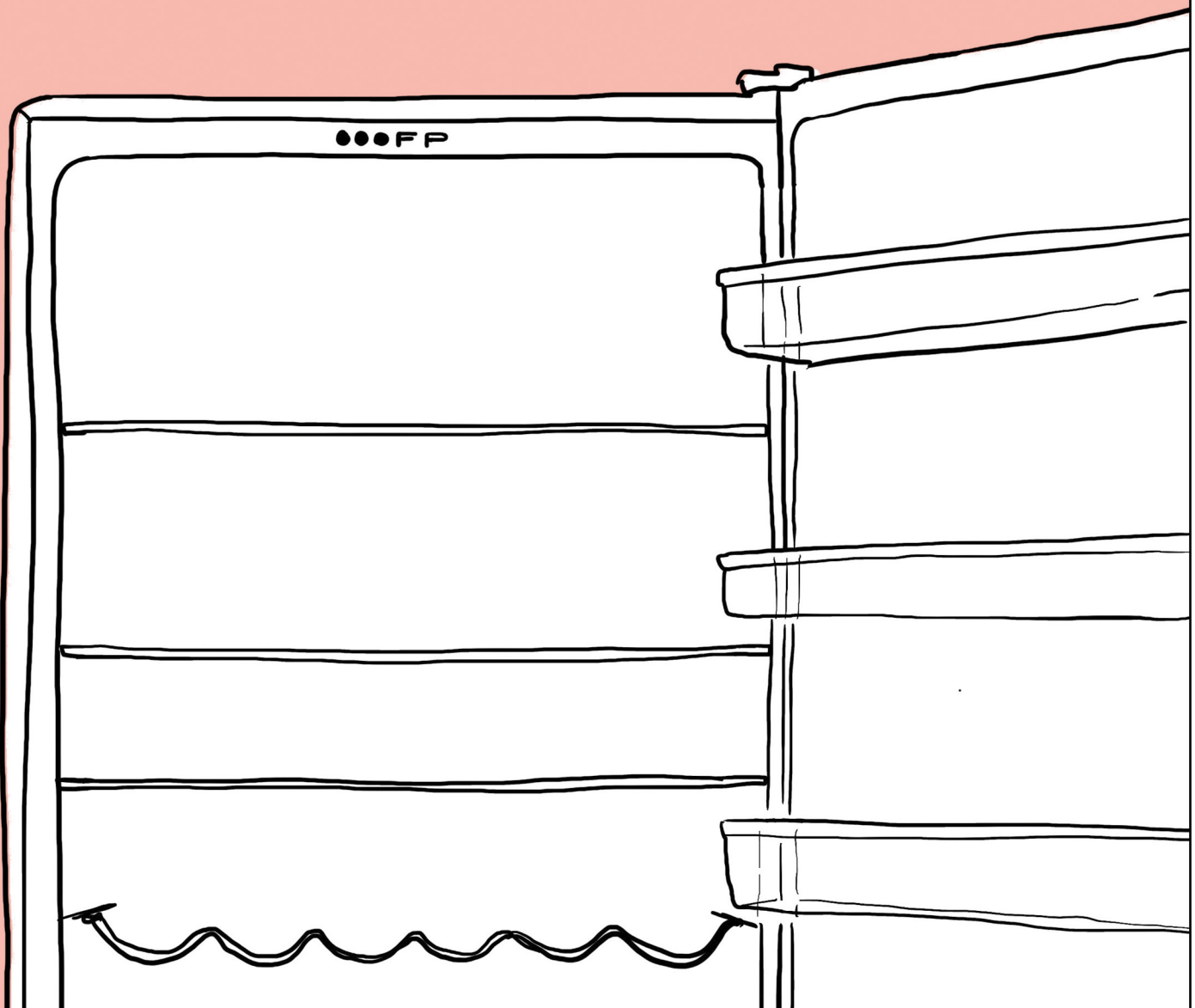
#9 SEP

FREE CREATIVE WORKSHEETS FOR GROWNUPS. THIS MONTH'S BRIEF OPPORTUNITY IS CALLED:

MAKE A MEAL OF IT

1

Illustrator and graphic designer Kate Bingamen Burt's project 'Daily Purchase Drawings' creates a record through drawing of the things she buys each day. Thinking of drawing as a way to record and also reveal what would otherwise be seemingly mundane, can you draw the contents of your fridge below from memory? What unusual ingredients do you have? What are your favourite packages? What needs using up as quickly as possible? What's for dinner?



2

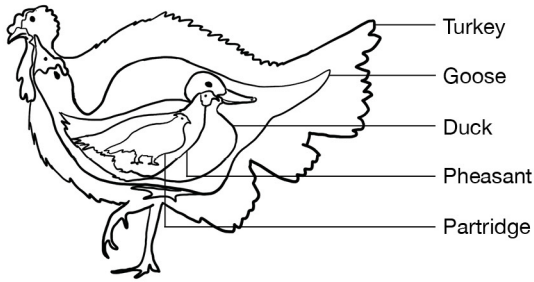
Here's a task for you to try next time you are eating a meal that has a sauce. When you've eaten your meal use a piece of bread to mop up certain areas of the leftover sauce to create a drawing - anything you like - eat the bread as you go.



3

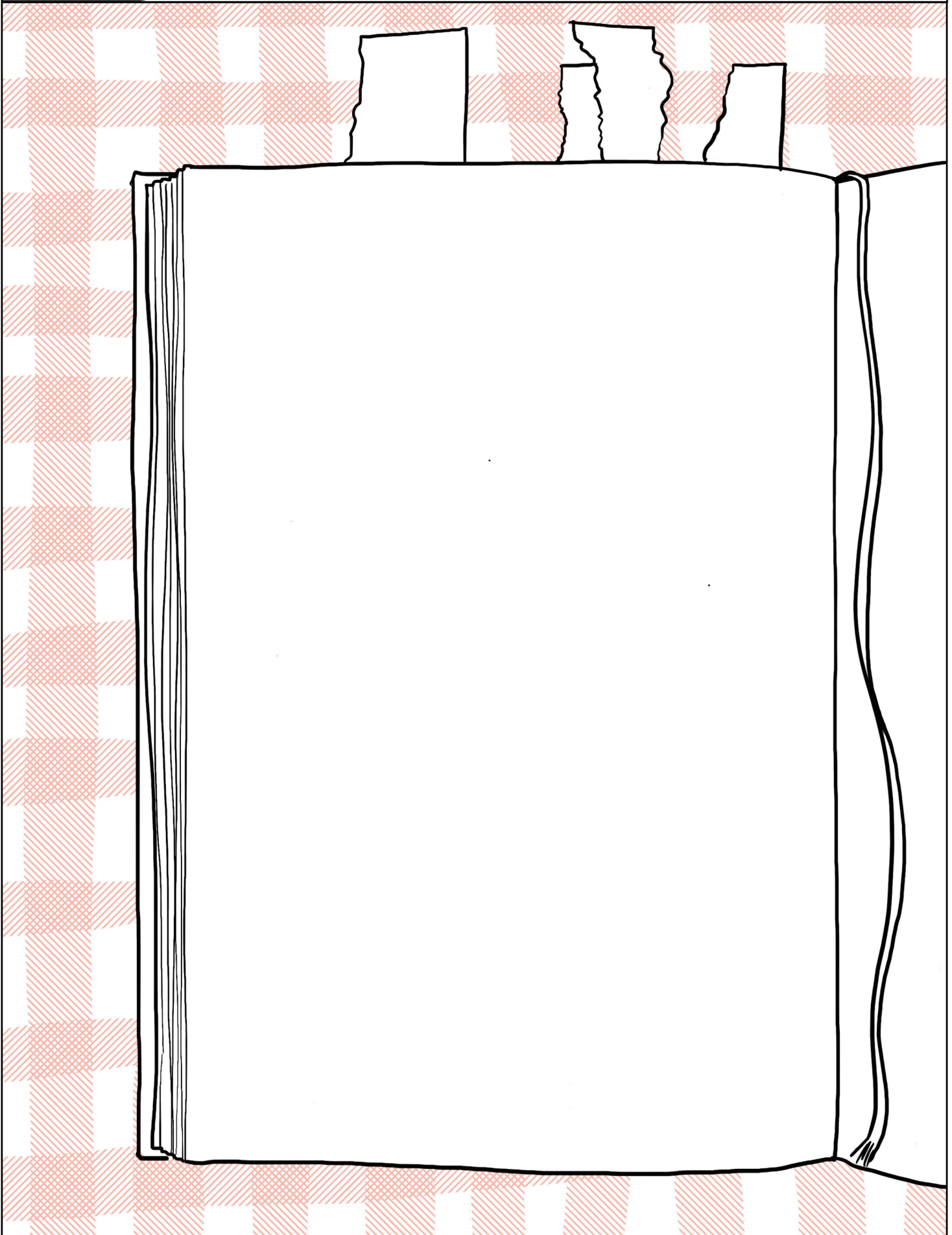
In the Middle Ages a wealthy English banquet might feature a 'Cockentrice' as a dramatic centrepiece. This grotesque dish fused together a chicken and a pig into one imaginary beast. In some shops today you can buy a 'Five-Bird Roast' (see illustration below), a layered combination which seems like something out of a dystopian restaurant run by Hieronymus Bosch. Thinking about food in layers and drawings in cross-section - can you draw an imaginary dish of your own making in the box below? This could be something in layers (like a trifle) or something fused together in imaginative ways.

THE FIVE-BIRD ROAST*



* Other combinations of birds are available.

'Proposition #1: Make a Salad' is an event score by the artist Alison Knowles originally performed in 1962. When presented at Tate Modern in 2008 the artist made a salad by dropping chopped lettuce and cucumber along with jugs of salad dressing from a height into a tarpaulin below. The resulting salad was then shared with 3000 visitors. Use this page to share a recipe of your own making/imagining – use drawings and notes to illustrate it. This could be a real recipe for your favourite dish or if preferred you could take Knowles's more performative approach as a prompt to make something new. Consider sending a photo of your finished recipe to a friend.



Corita Kent (1918-1986) was an American artist associated with the Pop Art movement. Her art sampled graphics from packaging and advertising to communicate spiritual and socially-positive messages. At various stages references to enriched bread, apples, meatballs, soup and tomatoes cropped up in Kent's colourful serigraph prints. Look at the packaging of food around you – what details, colours, shapes can you appreciate and take joy from? Look within the familiar and zoom in to see it differently. Use colour to draw bits that you see and like in the box below. Add various elements and join them together into one drawing.

BRIEF OPPORTUNITY Riso Social #9

Friday 6 September 3-5pm
Studio / Art Room, Level 2,
Baltic Centre for
Contemporary Art.

On the first Friday of the month you are invited to join Foundation Press for a free and informal, creative session at Baltic in connection to this worksheet brief.

This workshop is suitable for adults over the age of 16. No booking is required.

This is the ninth of twelve monthly worksheets for you to take and enjoy at your own leisure.

Brief Opportunities is a project devised and designed by Foundation Press in partnership with Baltic Centre for Contemporary Art.

Foundation Press, led by Adam Phillips and Deborah Bower, create publications, printed artworks as well as collaborative art and design projects. They are currently residents in Baltic's Studio space on level 2.

This activity is just for you – but if you do want to share a response to this brief, please do so by tagging the Instagram accounts below. We always enjoy seeing what people make. A short slideshow of related artists' work is also on our Instagram.

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