

BRIEF OPPORTUNITY

#1 JAN

THIS BRIEF OPPORTUNITY IS CALLED:

New Year New You!

INTRODUCTION

Hello, our names are Adam and Debbie – we are artists who work under the name Foundation Press. This is the first of 12 monthly worksheets for you to take and enjoy at your own leisure. We hope each brief is fun and open for anyone to have a go.

If you enjoy it, please come back and join us again in February. If in December you have been able to try a few, please consider joining us to bind your worksheets together, creating a book full of your artwork and ideas.

This first task kickstarts the year by imagining some unusual and personal fashion designs of your own making. You just need a few pencils or felt pens to try it.

This worksheet is just for you, but if you did want to share your responses then we'd love to see them – just tag @foundation.press on Instagram.

WORKSHOP

Brief Opportunity: Riso Social #1

Friday 5 January 3-5pm
Learning Room/Studio,
Level 2, Baltic Centre for
Contemporary Art.

On the first Friday of the month you are invited to join us for a free and informal, creative session at Baltic in connection to this worksheet brief. You can bring your worksheet complete and develop your ideas, or use the time to respond to the worksheet in an environment with free materials, risograph printing and support from Foundation Press.

This workshop is suitable for adults over the age of 16. No booking is required.

INFO

Brief Opportunities is a project devised and designed by Foundation Press in partnership with Baltic Centre for Contemporary Art.

Each new worksheet will be released on the 1st of each month (up until December 2024) with a connecting workshop on the first Friday of each month.

Foundation Press, led by Adam Phillips and Deborah Bower, create publications, printed artworks as well as collaborative art and design projects. They are currently residents in Baltic's Studio space on level 2.

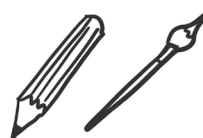
SLIDESHOW

We have picked 10 images by other artists which we hope might inspire your responses to this brief. View on our Instagram:

@foundation.press

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GRAB A PENCIL AND START!



Fill the 8 empty boxes above with little drawings, pictograms, symbols or marks – each drawing should represent an event or experience from the past year or an ambition for the year ahead.

It's time to get exercising (creatively anyway). Using either a pencil or black pen fill the drawings below with playful and personal pattern designs. Nothing complicated, enjoy doodling. Use drawings from the first exercise as motifs or subject matter...



3

It might be time for some colour – can you locate some colour pencils or pens?
Personalise the trainers below with colour, lines, patterns and doodles.
Consider the themes in your earlier drawings – how might your trainers capture these ideas?
Which pair do you think suits you best for the year ahead?



4

Motivation is needed: Fill the sweatbands below with words and phrases that will energise you for the year ahead. Don't overthink it, use poetry, song lyrics, nonsense – whatever comes to mind for these designs. Which one is your favourite or most you?



Use this page to draw out what the new you might be wearing in 2024.
Start by picking and choosing from the designs made on the previous pages.
How could you add or develop an overall look? What does this look say about you?

THANKYOU FOR
WORKING WITH US!



We hope you enjoyed this brief opportunity for play and making, please consider joining us again next month for something different. If you did wish to share your work and responses to this brief either tag @foundation.press on Instagram or email us at info@foundationpress.org

Brief Opportunities is a project devised and designed by Foundation Press in partnership with Baltic Centre for Contemporary Art.

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