## Animals for Change

We are living on an increasingly fragile planet.

Climate change is happening and, as a result, humans and wild animals face new challenges for survival.

Urgent action is needed by big business, industry and politicians to protect our futures, but individuals and communities can also act to make real change happen now.

Inspired by BALTIC's exhibition, *Animalesque / Art Across* Species and Beings, this alternative herd is here to help you become more active in the choices you make.

Pop out and construct these animals. Use the ideas to reflect and prompt changes in your daily decision-making and contribute to positive, and real, collective action.

When you've finished with your herd, re-use it; pass it on.

Call on others to act too.



## PARK your car

Transport, particularly owning your own car, is driving us towards a climate crisis. Petrol and diesel-engine vehicles cough up one third of the UK's carbon dioxide (CO<sub>2</sub>) emissions<sup>1</sup>. CO<sub>2</sub> accounts for the majority of our country's greenhouse<sup>2</sup> gases and is a major source of air pollution.

Small, individual actions add up to big collective change. Check out your **jaguar** for some ideas.

## PASS on plastic

Plastic pollution can now be found on every beach in the world and nearly 8 million pieces of plastic find their way into our oceans every day<sup>3</sup>. Plastic pollution kills 100,000 marine mammals and turtles and 1 million sea birds every year<sup>4</sup>.

Plastic isn't so fin-tastic. Your **tiger** has some easy swaps.

## FLEX your meat-free muscles

If cattle were their own nation, they would be the world's third largest emitter of greenhouse gases<sup>2</sup>, after China and the USA<sup>5</sup>. Methane-producing cow burps and the clearing of forests to make space for cattle grazing and feed-farming all contribute to the 14.5% of planet-warming gasses produced by the meat and dairy industry<sup>6</sup>.

Changing our diets can help combat this. But, you don't only have to go vegetarian or vegan to make a difference. There are suggestions on your hippo.

For all references and further reading visit baltic.art/animals-for-change



- •Water bottles make up 50% of the 7.7m plastic bottles used each year<sup>9</sup>; invest in a reusable one.
- Plastic bags never fully decompose<sup>10</sup>; remember your own bags when shopping.
- 4.7 billion plastic straws are used annually in the UK<sup>11</sup>. If you don't need to drink with one, decline it or carry a re-usable one to slurp sustainably!

- Walk or cycle, especially when journeys are less than 5 miles long.
- Fancy a day trip? Hop aboard the bus<sup>7</sup>.
- Join a car club<sup>8</sup>.
- Practice greener driving; drop your speed, break less harshly and switch off the air con.

Fold on dashed lines