

Fresh. Local. Ethical.

We're continuously working on ways to offer a sustainable and environmentally friendly menu. We use sustainable produce, source local products where available, and only work with ethically responsible companies. Any profit we make is invested right back into our gallery, artists and our wonderful community.

Coffee

Pink Lane Coffee is a North East based company who source all of their coffee from ethical and sustainable suppliers, and ensure they are paid a fair price for the work they put in. They have also committed to being a Real Living Wage employer.

Cola

Karma Cola are on a mission to be the world's most ethical soft drink and have established The Karma Foundation, where 1% of revenue from every Karma Drink goes to their Cola nut growers and their communities in Sierra Leone. The Foundation guarantees the funds raised help drive economic and social independence, which is how they live up to their name on the label. They call it Karma.

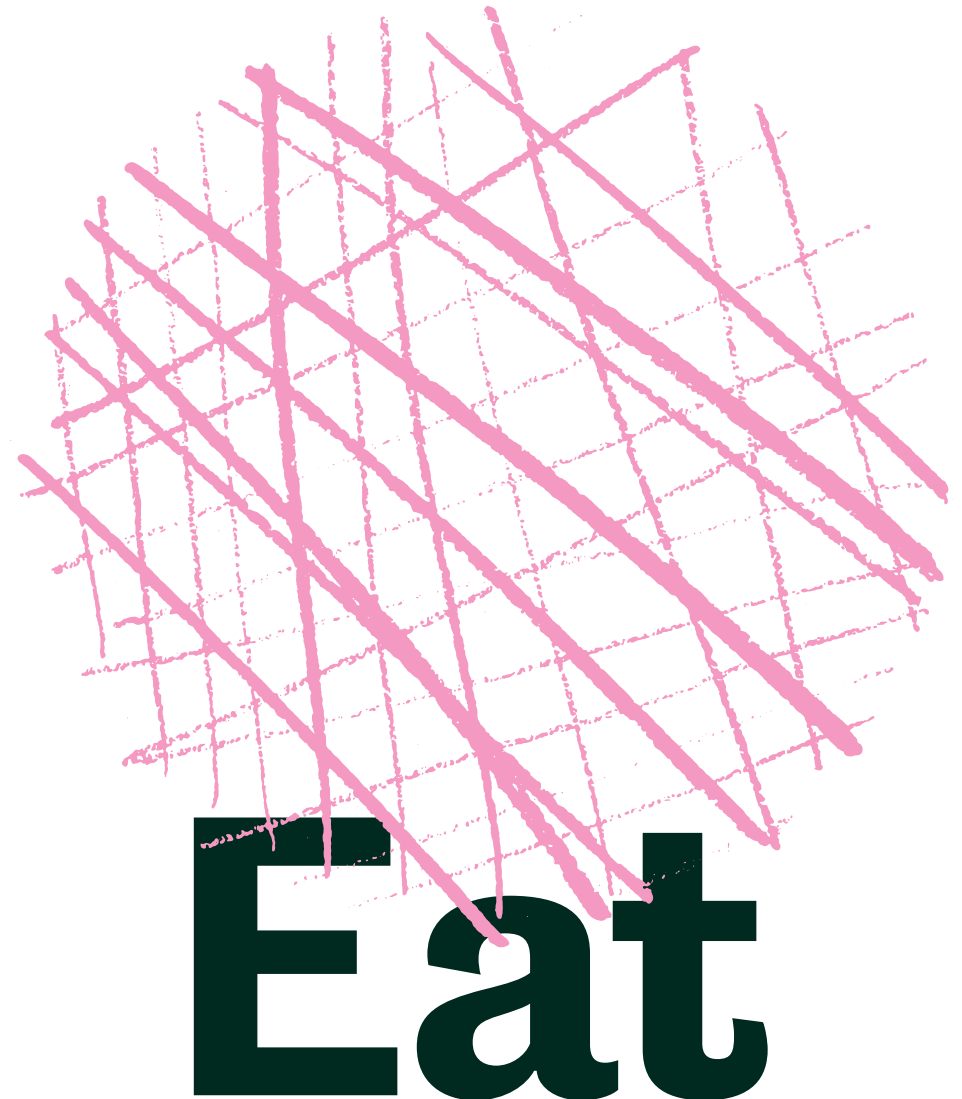
Honey

Baltic Honey is sourced from four hives on our rooftop, where an estimated 200,000 bees reside during the summer months. If you're lucky, you'll see the bees buzzing. The bees are looked after by members of a group called North East Young Dads & Lads who are also based in our building.

Packaging

We aim to only use sustainable, biodegradable, or recyclable packaging. All our takeaway packaging is either fully compostable or recyclable. Our cold drinks are either in glass bottles or aluminium cans which can be recycled. Our milk from Yew Tree Dairy comes in fully renewable packaging made from responsibly sourced wood fibres and sugar cane.

Baltic Kitchen



Breakfast

Served from 10am

Breakfast Burrito	5
Chorizo, Scrambled Egg, Mozzarella, Cheddar, Coriander	
Breakfast Muffins	3.5
Cured Back Bacon Roasted Mushroom, Garlic, Rosemary Vg	
Sausage Rolls	3.5
Pork or Vegan	
Toast – White or Brown	2.5
Jam, Butter V Baltic Honey V	
Granola Pot	3.8
Granola, Yoghurt, Mixed Berry, Baltic Honey V	
Pastries	
Cheese Scone V	2.5
Fruit Scone V	2.5
Pastéis De Nata V	2.75
Cinnamon Bun V	3
Almond, Blackberry Friand V, Gf	3.75
Carrot Cake, Cream Cheese Icing V	4.5
Blondie, Raspberry, Hazelnut, White Chocolate V	3.75

Vg – Vegan | V – Vegetarian | Gf – Gluten free

Our sandwiches, salads and soft drinks are available in our display fridge.
Hot drinks, alcohol & pastries can be ordered at the till.

Lunch

Served from 12pm

Crab and Asian Slaw Bagel	6.5
Thai Style Crab and Vegetable Salsa, Asian Slaw	
Chick'n and Rice Burrito	6
Vegan Chick'n, Cheese, Salsa, Chipotle Mayo, Guacamole, Tortilla Wrap Vg	
Cuban Style Toasted Sandwich	7
Pork Loin, Ham, Cheese, Sweet Pickled Pineapple, Mustard	
Toasted Sandwiches – Signature Cheese Blend	4
Add Red Onion, Spring Onion V	4.5
Add Tuna Mayo	5.5
Add Kettle Ham	6.5
Chicken and Avocado Salad	5.5
Roasted Chicken, Croutons, Cucumber, Red Onion, Avocado, Baby Gem Lettuce, Baltic House Dressing	
Feta and Watermelon Salad	4
Vegan Feta, Watermelon, Cucumber, Pea Shoots, Mint, Maple Syrup, Red Pepper, Honey & Mustard Dressing Vg, Gf	

Kids Lunch Boxes

Served from 12pm

Cheese or Ham Sandwich	5
Pom Bears or Mini Propercorn Orange or Apple Carton Soreen Fruit	

ALLERGIES: Please let our team know if you have any dietary requirements or allergies.

Please note our products are prepared in a kitchen that contains nuts, therefore we cannot guarantee they are nut free.