

Fresh. Local. Ethical.

We're continuously working on ways to offer a sustainable and environmentally friendly menu. We use sustainable produce, source local products where available, and only work with ethically responsible companies. Any profit we make is invested right back into our gallery, artists and our wonderful community.

Coffee

Pink Lane Coffee is a North East based company who source all of their coffee from ethical and sustainable suppliers, and ensure they are paid a fair price for the work they put in. They have also committed to being a Real Living Wage employer.

Cola

Karma Cola are on a mission to be the world's most ethical soft drink and have established The Karma Foundation, where 1% of revenue from every Karma Drink goes to their Cola nut growers and their communities in Sierra Leone. The Foundation guarantees the funds raised help drive economic and social independence, which is how they live up to their name on the label. They call it Karma.

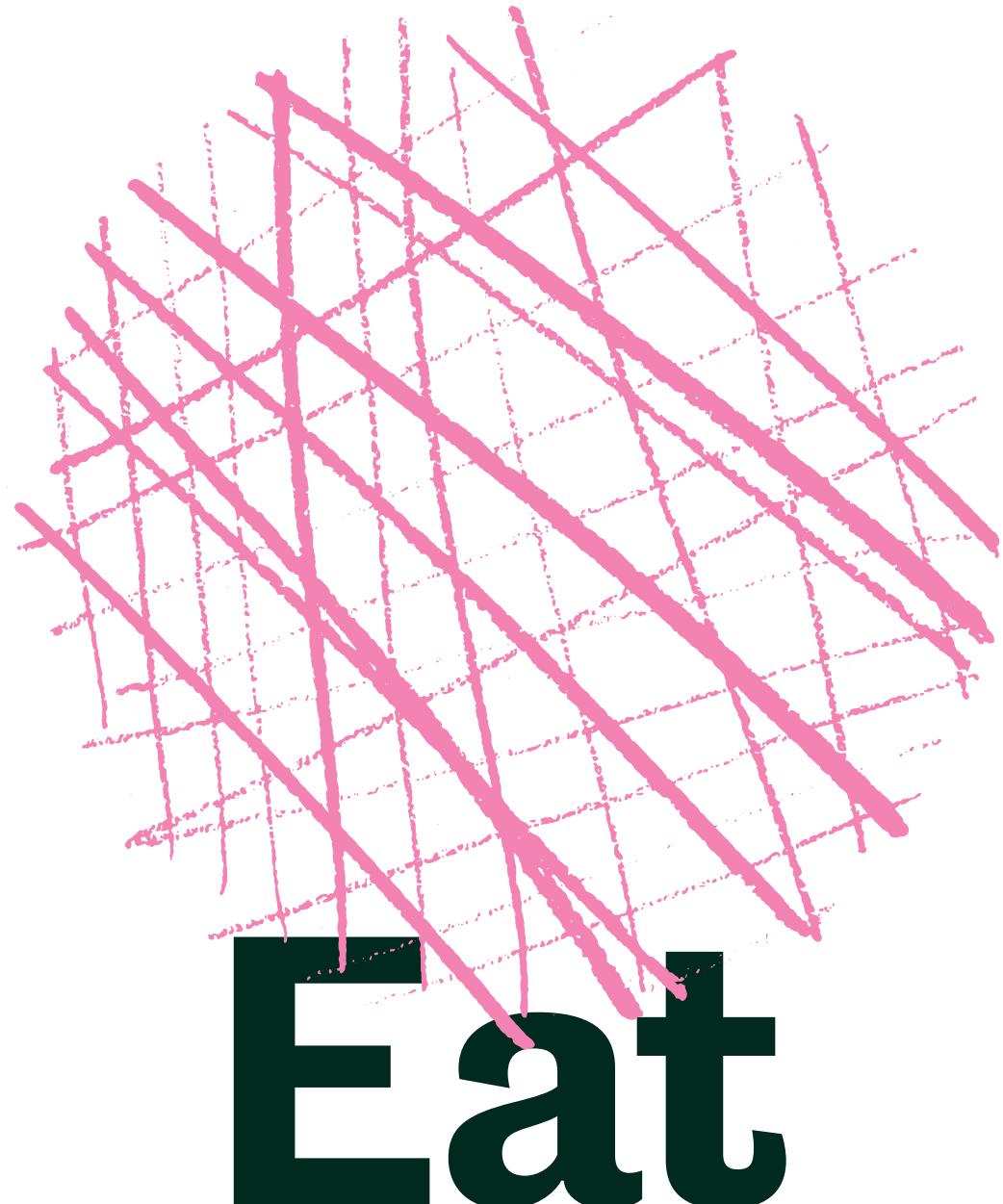
Honey

Baltic Honey is sourced from four hives on our rooftop, where an estimated 200,000 bees reside during the summer months. If you're lucky, you'll see the bees buzzing. The bees are looked after by members of a group called North East Young Dads & Lads who are also based in our building.

Packaging

We aim to only use sustainable, biodegradable, or recyclable packaging. All our takeaway packaging is either fully compostable or recyclable. Our cold drinks are either in glass bottles or aluminium cans which can be recycled. Our milk from Yew Tree Dairy comes in fully renewable packaging made from responsibly sourced wood fibres and sugar cane.

Baltic Kitchen



Breakfast Muffins, Wraps & Pastries

Order me from the counter

Burrito – Chorizo, Scrambled Egg, Mozzarella, Cheddar, Coriander	5
Breakfast Muffin – Cured Back Bacon	3.75
Breakfast Muffin – Roasted Mushroom, Garlic, Rosemary <i>Vg</i>	3.75
Classic Pork Sausage Roll	4
Leek, Potato & Cheese Pastry Roll <i>V</i>	4
Toast – Choose White or Brown, Jam & Butter or Honey	2.5
Cheese Scone <i>V</i>	3
Fruit Scone <i>V</i>	3
Pastéis De Nata <i>V</i>	3
Cinnamon Bun <i>V</i>	3.25
Carrot Cake , Cream Cheese Icing <i>V</i>	4.5
White Chocolate Brownie <i>V Gf</i>	3.75

Pick me up from the Cold Cabinet

Granola Pot – Yoghurt, Mixed Berry, Honey <i>V</i>	4
Kids Lunch boxes – Comes with a Sandwich, Drink, Fruit, Soreen & Snack	5

Vg – Vegan | *V* – Vegetarian | *Gf* – Gluten free

Our sandwiches, salads and soft drinks are available in our display fridge.
Hot drinks, alcohol & pastries can be ordered at the till.

Sandwiches, Salads, Toasties & Soup

Pick me up from the Cold Cabinet

Classic Cheese Savoury <i>V</i>	4.8
Asian-Style Tuna – Spicy Mayo, Cucumber, Red Pepper & Onion	6.6
Coronation Chick'n – A Plant-based Twist on the Classic <i>Vg</i>	6
Trout Bagel – With Smoked Sea Trout, Cream Cheese, Rocket Salad & Marinated Gherkins. Available <i>Gf</i> upon request	8.4
Mediterranean Wrap – Vegan Feta, Mixed Vegetables, Hummus & Spinach <i>Vg</i>	6
Greek Salad – Vegan Feta, Cucumber, Cherry Tomatoes, Olives, Red Onion, Lettuce, Lemon Herb Dressing <i>Vg Gf</i>	6
Thai-Style Chick'n Salad – Vegan Chick'n strips, Red Onion, Red Pepper, Carrot, Mint, Cucumber, Coriander, Beansprouts, Lettuce & Thai-style Dressing, Lime, Rice Noodles <i>Vg</i>	7.8
Niçoise Salad – Tuna, Boiled Egg, New Potato, French Beans, Red Onion, Tomato, Black Olives, Baby Gem & Dijon Mustard Dressing <i>Gf</i>	8.7

Order me at the counter

Toasties , Signature Cheese Blend <i>V</i>	4
With	
- Red Onion, Spring Onion <i>V</i>	4.5
- Tuna Mayo	5.5
- Kettle Ham	6.5
- Pepperoni	6.5
Indian-Style Chicken & Onion Masala Toastie	7.5
Soup of the Day – With Bread Roll <i>V</i>	4.8

ALLERGIES: Please let our team know if you have any dietary requirements or allergies.

Please note our products are prepared in a kitchen that contains nuts, therefore we cannot guarantee they are nut free.